

The Collection

This project is a series of reflections on how life experiences influence who we are. Thanks to conversations and insights of Dr. Horvath, founder of the Ottawa Centre of Resilience, we have been able to bring a collection that will hopefully bring positive change to the viewers. We have the opportunity to shape our futures if we have the desire to investigate ourselves and make changes to better our outcomes. In this project you will find a number of series that involve conceptual design, open interpretations and more. The desire is that this project will help stimulate conversations on our interests and experiences.

Series: Clay

From infancy to adulthood we live through difficult circumstances. Oftentimes to survive, bits of thoughts and conditioning break down within our subconscious and create behavior patterns that mold us into who we are. As time passes these behavioral molds can begin to harden, creating a shell that can be difficult to break out of. Many times individuals can be unaware of these behavioral patterns, especially if they are rooted in infancy/childhood. Making intimacy, friendships, and other relationships difficult to navigate.

"He's just taking me fishing to make me feel better
I wish we could be home more....
Is my foot sinking?
....
Oh...
I think I caught something!" - 8